

READERS' DAILY MATINS

In the Name of the Father and of the Son and of the Holy Spirit. Amen.

Glory to You, our God. Glory to You.

O Heavenly King, the Comforter, the Spirit of Truth: You are everywhere filling all things; Treasury of blessings and Giver of Life: come and abide in us, and cleanse us from every impurity, and save our souls, O Good One!

Holy God! Holy Mighty! Holy Immortal! Have mercy on us.

Holy God! Holy Mighty! Holy Immortal! Have mercy on us.

Holy God! Holy Mighty! Holy Immortal! Have mercy on US.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

O Most Holy Trinity, have mercy on us!

O Lord, cleanse us from our sins!

O Master, pardon our transgressions

O Holy One, visit and heal our infirmities for Your Name's sake.

Lord, have mercy.

Lord, have mercy.

Lord, have mercy.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from the evil one.

For Thine is the Kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy.

Lord, have mercy.

Lord, have mercy.

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Come, let us worship God, our King! Come, let us worship and fall down before Christ, our King and our God! Come, let us worship and fall down before Christ Himself, our King and our God!

Psalm 19

The Lord hear thee in the day of affliction; the name of the God of Jacob defend thee. Let Him send forth unto thee help from His sanctuary, and out of Zion let Him help thee. Let Him remember every sacrifice of thine, and thy whole-burnt offering let Him fatten. The Lord grant thee according to thy heart, and fulfill all thy purposes. We will rejoice in Thy salvation, and in the name of the Lord our God shall we be magnified. The Lord fulfill all thy requests. Now have I known that the Lord hath saved His anointed one; He will hearken unto him out of His holy heaven; in mighty deeds is the salvation of His right hand. Some trust in chariots, and some in horses, but we will call upon the name of the Lord our God. They have been fettered and have fallen, but we are risen and are set upright. O Lord, save the king, and hearken unto us in the day when we call upon Thee.

Psalm 20

O Lord, in Thy strength the king shall be glad, and in Thy salvation shall he rejoice exceedingly. The desire of his heart hast Thou granted unto him, and hast not denied him the requests of his lips. Thou wentest before him with the blessings of goodness, Thou hast set upon his head a crown of precious stone. He asked life of Thee, and Thou gavest him length of days unto ages of ages. Great is his glory in Thy salvation; glory and majesty shalt Thou lay upon him. For Thou shalt give him blessing for ever and ever, Thou shalt gladden him in joy with Thy countenance. For the king hopeth in the Lord, and through the mercy of the Most High shall he not be shaken. Let Thy hand be found on all Thine enemies; let Thy right hand find all that hate Thee. For Thou wilt make them as an oven of fire in the time of Thy presence; the Lord in His wrath will trouble them sorely and fire shall devour them. Their fruit wilt Thou destroy from the earth, and their seed from the sons of men. For they have intended evil against Thee, they have devised counsels which they shall not

be able to establish. For Thou shalt make them turn their backs; among those that are Thy remnant, Thou shalt make ready their countenance. Be Thou exalted, O Lord, in Thy strength; we will sing and chant of Thy mighty acts.

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (Thrice)

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

O Most Holy Trinity, have mercy on us. O Lord, blot out our sins. O Master, pardon our iniquities. O Holy One, visit and heal our infirmities for Thy name's sake.

Lord have mercy. (Thrice)

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Our Father, Who art in the Heavens, hallowed be Thy Name. Thy Kingdom come, Thy will be done, on earth as it is in Heaven. Give us this day our daily bread, and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from the evil one.

For thine is the kingdom of the Father and the Son and the Holy Spirit now and ever unto the ages of ages. Amen

And these troparia:

O Lord, save Thy people and bless Thine inheritance. Grant Thou victory unto Orthodox Christians over their enemies, and by the power of Thy Cross do Thou preserve Thy commonwealth.

Glory to the Father and to the Son and to the Holy Spirit.

O Thou Who wast lifted up willingly upon the Cross, bestow Thy mercies upon the new community named after Thee, O Christ God;

gladden with Thy power the Orthodox Christians, granting them victory over enemies; may they have as Thy help the weapon of peace, the invincible trophy.

Both now and ever, and unto the ages of ages. Amen.

O Awesome intercession that cannot be put to shame, O good one, disdain not our prayer; O all-hymned Theotokos, establish the commonwealth of the Orthodox, save the Orthodox Christians, and grant unto them victory from heaven, for thou didst bring forth God, O thou only blessed one.

Lord have mercy. Nine Times

Glory to the Father and to the Son and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Through the prayers of our holy Fathers, O Lord Jesus Christ our God, have mercy on us. Amen.

MORNING (Six) PSALMS

PSALM 3

Lord, how they have increased who trouble me! Many are they who rise up against me.

Many are they who say of me, "There is no help for him in God.

But You, O Lord, are a shield for me, my glory and the One Who lifts up my head.

I cried to the Lord with my voice, and He heard me from His holy hill.

I lay down and slept; I awoke, for the Lord sustained me.

I will not be afraid of ten thousands of people who have set themselves against me all around.

Arise, O Lord; save me, O my God! For You have struck all my enemies on the cheekbone; You have broken the teeth of the ungodly.

Salvation belongs to the Lord. Your blessing is upon Your people.

And again:

I lay down and slept; I awoke, for the Lord sustained me.

PSALM 37

O Lord, do not rebuke me in Your wrath, nor chasten me in Your hot displeasure!

For Your arrows pierce me deeply, and Your hand presses me down.

There is no soundness in my flesh because of Your anger,

Nor is there any health in my bones because of my sin.

For my iniquities have gone over my head; like a heavy burden they are too heavy for me.

My wounds are foul and festering because of my foolishness.

I am troubled, I am bowed down greatly; I go mourning all the day long.

For my loins are full of inflammation, and there is no soundness in my flesh.

I am feeble and severely broken; I groan because of the turmoil of my heart.

Lord, all my desire is before You; and my sighing is not hidden from You.

My heart pants, my strength fails me; as for the light of my eyes, it also has gone from Me.

My loved ones and my friends stand aloof from my plague, and my kinsmen stand afar off.

Those also who seek my life lay snares for me; those who seek my hurt speak of destruction, and plan deception all the day long.

But I, like a deaf man, do not hear; and I am like a mute who does not open his mouth.

Thus I am like a man who does not hear, and in whose mouth is no response.

For in You, O Lord, I hope; You will hear, O Lord my God.

For I said, "Hear me, least they rejoice over me, least, when my foot slips, they magnify themselves against me."

For I am ready to fall, and my sorrow is continually before me.

For I will declare my iniquity; I will be in anguish over my sin.

But my enemies are vigorous, and they are strong; and those who hate me wrongfully have multiplied.

Those also who render evil for good, they are my adversaries, because I follow what is good.

Do not forsake me, O Lord; O my God, be not far from me!

Make haste to help me, O Lord, my salvation!

and again:

Do not forsake me, O Lord; O my God, be not far from me!

Make haste to help me, O Lord, my salvation!

PSALM 62

O God, You are my God; early will I seek You; my soul thirsts for You;

My flesh longs for You in a dry and thirsty land where there is no water.

So I have looked for You in the sanctuary, to see Your power and Your glory.

Because Your lovingkindness is better than life, my lips shall praise You.

Thus I will bless You while I live; I will lift up my hands in Your name.

My soul shall be satisfied as with marrow and fatness, and my mouth shall praise You with joyful lips.

When I remember You on my bed, I meditate on You in the night watches.

Because You have been my help, therefore in the shadow of Your wings I will rejoice.

My soul follows close behind You; Your right hand upholds me.

But those who seek my life, to destroy it, shall go into the lower parts of the earth.

They shall fall by the sword; they shall be a portion for jackals.

But the king shall rejoice in God; everyone who swears by Him shall glory; but the mouth of those who speak lies shall be stopped.

And again:

Because You have been my help, therefore in the shadow of Your wings I will rejoice.

My soul follows close behind You; Your right hand upholds me.

The following prayers are said without bows or the sign of the Cross.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to Thee, O God. (Thrice).

Lord, have mercy. (Thrice).

Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

PSALM 87

O Lord, God of my salvation, I have cried out day and night before You.

Let my prayer come before You; incline Your ear to my cry.

For my soul is full of troubles, and my life draws near to the grave.

I am counted with those who go down to the pit; I am like a man who has no strength,

Adrift among the dead, like the slain who lie in the grave, whom You remember no more, and who are cut off from Your hand.

You have laid me in the lowest pit, in darkness, in the depths.

Your wrath lies heavy upon me, and You have afflicted me with all Your waves.

You have put away my acquaintances far from me; You have made me an abomination to them; I am shut up, and I cannot get out;

My eye wastes away because of affliction. Lord, I have called daily upon You; I have stretched out my hands to You.

Will You work wonders for the dead? Shall the dead arise and praise You?

Shall Your lovingkindness be declared in the grave? Or Your faithfulness in the place of destruction?

Shall Your wonders be known in the dark? And Your righteousness in the land of forgetfulness?

But to You I have cried out, O Lord, and in the morning my prayer comes before You.

Lord, why do You cast off my soul? Why do You hide Your face from me?

I have been afflicted and ready to die from my youth up; I suffer Your terrors; I am distraught.

Your fierce wrath has gone over me; Your terrors have cut me off.

They came around me all day long like water; they engulfed me altogether.

Loved one and friend You have put far from me, and my acquaintances into darkness.

And again:

O Lord, God of my salvation, I have cried out day and night before You.

Let my prayer come before You; incline Your ear to my cry.

PSALM 102

Bless the Lord, O my soul; and all that is within me, bless His holy name!

Bless the Lord, O my soul, and forget not all His benefits:

Who forgives all your iniquities, Who heals all your diseases,

Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies,

Who satisfies your mouth with good things,
so that your youth is renewed like the
eagle's.

The Lord executes righteousness and
Justice for all who are oppressed.

He made known His ways to Moses, His acts
to the children of Israel.

The Lord is merciful and gracious, slow to
anger, and abounding in mercy.

He will not always strive with us, nor will He
keep His anger forever.

He has not dealt with us according to our
sins, nor punished us according to our
iniquities.

For as the heavens are high above the earth,
so great is His mercy toward those who
fear Him;

As far as the east is from the West, so far has
He removed our transgressions from us.

As a father pities his children, so the Lord
pities those who fear Him.

For He knows our frame; He remembers that
we are dust.

As for man, his days are like grass; as a
flower of the field, so he flourishes.

For the wind passes over it, and it is gone,
and its place remembers it no more.

But the mercy of the Lord is from everlasting
to everlasting for those who fear Him,
and His righteousness to children's chil-
dren,

To such as keep His covenant, and to those
who remember His commandments to
do them.

The Lord has established His throne in
heaven, and His kingdom rules over all.

Bless the Lord, you His angels, who excel in
strength, who do His word, heeding the
voice of His word.

Bless the Lord, all you His hosts, you minis-
ters of His, who do His pleasure.

Bless the Lord, all His works, in all places of
His dominion.

Bless the Lord, O My SOUL!

And again:

Bless the Lord, all His works, in all places of
His dominion.

Bless the Lord, O My SOUL!

PSALM 142

Hear my prayer, O Lord, give ear to my sup-
plications! In Your faithfulness answer
me, and in Your righteousness.

Do not enter into judgment with Your ser-
vant, for in Your sight no one living is
righteous.

For the enemy has persecuted my soul; he
has crushed my life to the ground; he has
made me dwell in darkness, like those
who have long been dead.

Therefore my spirit is overwhelmed within
me; my heart within me is distressed.

I remember the days of old; I meditate on all
Your works; I muse on the work of Your
hands.

I spread out my hands to You; my soul longs
for You like a thirsty land.

Answer me speedily, O Lord; my spirit fails!
Do not hide Your face from me, lest I be
like those who go down into the Pit.

Cause me to hear Your lovingkindness in the
morning, for in You do I trust; cause me
to know the way in which I should walk,
for I lift up my soul to You.

Deliver me, O Lord, from my enemies; in You
I take shelter.

Teach me to do Your will, for You are my
God; Your Spirit is good. Lead me in the
land of uprightness.

Revive me, O Lord, for Your name's sake!
For Your righteousness' sake bring my
soul out of trouble.

In Your mercy cut off my enemies, and de-
stroy all those who afflict my soul; for I
am Your servant.

And again:

O Lord, give ear to my supplications! In Your
faithfulness, Do not enter into judgment
with Your servant. (2)

Your Spirit is good. Lead me in the land of
uprightness.

AFTER THE PSALM

Glory to the Father and to the Son and to the
Holy Spirit, now and ever and unto ages of
ages. Amen.

Alleluia, Alleluia, Alleluia! Glory to You, O
God! (*Thrice, with the sign of the Cross and a
bow each time.*)

Lord, have mercy. x12

Glory to the Father, and to the Son, and to
the Holy Spirit, both now and ever, and unto
the ages of ages.

Choir: Amen.

GOD IS THE LORD

REFRAIN:

God is the Lord and has revealed Himself to
us!

Blessed is He who comes in the Name of the
Lord!

Give thanks to the Lord, for He is good, and
His steadfast love endures forever.

REFRAIN

All nations surrounded me; in the Name of
the Lord, I withstood them.

REFRAIN

I shall not die, but live, and recount the
deeds of the Lord.

REFRAIN

The stone which the builders rejected has
become the chief cornerstone. This is the
Lord's doing and is marvelous in marvel-
ous in our eyes.

REFRAIN

*And we chant the dismissal Hymn(s) of the
day and the appointed Theotokion.*

Dismissal Hymns for Weekdays

SUNDAY

TROPARION OF THE RESURRECTION
(TONE OF THE WEEK)

MONDAY

ST. MICHAEL AND ALL ANGELS

(TONE FOUR)

O Commander of the heavenly hosts,,

We who are unworthy beseech you cease-
lessly

That you would encompass us with the shel-
ter of your prayers

And cover us beneath the wings of your im-
material glory.

We fall down before you crying out:

"Protect us from all harm, O Prince of the
powers on high!"

Theotokion:

Unto her that was reared in the temple, in the
Holy of Holies, and who was adorned
with faith and wisdom and blameless vir-
ginity, did the supreme commander Gab-
riel bring the salutation from heaven and
the greeting: Rejoice. Rejoice, O
blessed one; rejoice, thou who art glori-
fied; the Lord is with thee.

TUESDAY

FORERUNNER AND BAPTIST JOHN

(TONE TWO)

The memory of the righteous is worthy of
praise,

But you, O Forerunner, are well pleased by
the Lord's own witness.

You were revealed as greater than the
prophets,

For you baptized in the waters Him whom
they foretold.

Therefore, having fought and suffered for the
Truth,

You proclaimed to those in the tombs the
Gospel of the incarnate God,

Who takes away the sins of the world and grants us great mercy.

Theotokion:

We have become partakers of the divine nature through thee, O ever-virgin theotokos; for thou hast borne the Incarnate God for us. Wherefore, as is due, we all magnify thee reverently.

**WEDNESDAY
HOLY AND LIFE-GIVING CROSS
(TONE ONE)**

O Lord, save Your people,
And bless Your inheritance.
Grant victories to all Christians
Over their adversaries.
And by virtue of Your Cross,
Preserve Your habitation.

Theotokion:

Having thy protection, O immaculate one,
and being delivered from afflictions by
thy prayers, we who are in every way
guarded by the cross of thy son do all
magnify thee reverently as is due.

**THURSDAY
HOLY APOSTLES AND ST. NICHOLAS
(TONE THREE)**

O holy Apostles,
Intercede with our merciful God
To grant our souls forgiveness of our sins!
(Tone Four)

The truth of things hath revealed thee to thy flock as a rule of faith, an icon of meekness, and a teacher of temperance; for this cause thou hast achieved the heights by humility, riches by poverty. o Father and Hierarch Nichols, intercede with christ God that our souls be saved.

Theotokion:

We know the Word of the Father, even Christ our God, to be incarnate of thee, O virgin

theotokos, O only pure one, O only blessed one. Wherefore, we magnify thee, praising thee unceasingly.

**FRIDAY
HOLY AND LIFE-GIVING CROSS
(TONE ONE)**

O Lord, save Your people,
And bless Your inheritance
Grant victories to all Christians
Over their adversaries.
And by virtue of Your Cross,
Preserve Your habitation.

Theotokion:

Having thy protection, O immaculate one,
and being delivered from afflictions by
thy prayers, we who are in every way
guarded by the Cross of thy Son do all
magnify thee reverently as is due.

**SATURDAY
THE THEOTOKOS, ALL SAINTS, THE
FAITHFUL DEPARTED
(TONE TWO)**

Apostles, martyrs, and prophets,
Holy hierarchs, saints and righteous,
Having fought the good fight and kept the Faith,
You have boldness toward the Savior.
Intercede for us with Him for He is good, and pray that He may save our souls.
(Plagal of Fourth tome)

Keep thy servants in remembrance, O Lord, since Thou art good, and do Thou forgive their every sin in this life; for no man is without sin, except for Thee Who art able to grant rest even unto those that have departed hence.

Theotokion:

O Holy Mother of the Ineffable Light, with reverence we magnify thee, honoring thee with angelic hymns.

Then the appointed Kathisma from the Psalter are read and we chant the Sessional Hymns of the day after each Kathisma.

PROKEIMENON OF THE DAY

MONDAY

PROKEIMENON FROM PSALM 104

(TONE 4)

PROKEIMENON:

He makes his angels spirits, and His ministers a flame of fire!

VERSE:

Bless the Lord, O my soul! O Lord my God, You are very great!

TUESDAY

PROKEIMENON FROM PSALM 64

(TONE 7)

PROKEIMENON:

The righteous shall rejoice in the Lord, and shall hope in HIM.

VERSE:

Hear my voice, O God, when I pray to You.

WEDNESDAY

PROKEIMENON FROM THE MAGNIFICAT

(TONE 3)

PROKEIMENON:

My soul magnifies the Lord, and my spirit rejoices in God my Savior.

VERSE:

For He has regarded the lowly state of His handmaiden; for behold, henceforth all generations will call me blessed.

THURSDAY

PROKEIMENON FROM PSALM 19

(TONE 8)

PROKEIMENON:

Their proclamation has gone out into all the earth and their words to the end of the universe!

VERSE:

The heavens are telling the glory of God, and the firmament proclaims His handiwork.

FRIDAY

PROKEIMENON FROM PSALM 99

(TONE 7)

PROKEIMENON:

Extol the Lord our God; worship at His footstool, for it is holy!

VERSE:

The Lord reigns; let the peoples tremble!

SATURDAY

PROKEIMENON FROM PSALM 32

(TONE 8)

PROKEIMENON:

Be glad in the Lord and rejoice, O you righteous!

VERSE:

Blessed is he whose transgression is forgiven, whose sin is covered.

LET EVERY BREATH PRAISE THE LORD

Let every breath praise the Lord!

Praise God in His sanctuary! Praise Him in His mighty firmament!

Let every breath praise the Lord!

THE EPISTLE AND GOSPEL

The Reading is from the epistle according to

The reading is from the Gospel according to

Glory to You, O Lord, glory to You!

THE GOSPEL FOR THE DAY IS READ.

Glory to You, O Lord, glory to You!

PSALM 50

Have mercy upon me, O God, according to Your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.

Wash me thoroughly from my iniquity, and
cleans me from my sin.

For I acknowledge my transgressions, and
my sin is ever before me.

Against You, You only, have I sinned, and
done this evil in Your sight that You may
be found just when You speak, and
blameless when You judge.

Behold, I was brought forth in iniquity, and in
sin my mother conceived me.

Behold, You desire truth in the inward parts,
and in the hidden part You will make me
to know wisdom.

Purge me with hyssop, and I shall be clean;
wash me, and I shall be whiter than
snow.

Make me to hear joy and gladness, that the
bones which You have broken may re-
joice.

Hide Your face from my sins, and blot out all
my iniquities.

Create in me a clean heart, O God, and re-
new a steadfast spirit within me.

Do not cast me away from Your presence,
and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and
uphold me with Your generous Spirit.

Then I will teach transgressors Your ways,
and sinners shall be converted to You.

Deliver me from blood-guiltiness, O God, the
God of my salvation, and my tongue shall
sing aloud of Your righteousness.

O Lord, open my lips, and my mouth shall
show forth Your praise.

For You do not desire sacrifice, or else I
would give it; You do not delight in burnt
offering.

The sacrifices of God are a broken spirit, a
broken and a contrite heart — these, O
God, You will not despise,

Do good in Your good pleasure to Zion; build
the walls of Jerusalem.

Then You shall be pleased with the sacrifices
of righteousness, with burnt offering and

whole burnt offering; then they shall offer
bulls on Your altar.

Glory to the Father and to the Son and to the
Holy Spirit, now and ever and unto ages
of ages. Amen.

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

Canons

*We begin the appointed Canons. After the
third Ode, we say;*

Lord have mercy (thrice)

Glory to the Father and the Son and the Holy
Spirit, both now and ever, and unto the
ages of ages. Amen.

*Then the Sessional Hymn from the Menaion,
and the fourth, fifth and sixth Odes of the
canons. After the sixth Ode we say;*

Lord, have mercy. Thrice

Glory to the Father, and to the Son, and to
the Holy Spirit, both now and ever, and
unto the ages of ages. Amen.

*Then the Kontakion and the Oikos, and the
reading from the Synaxarion. then the
remaining Odes of the canons. After the
Katavasia of the eight Ode, we say;*

Honoring her with hymns, Let us magnify the
Theotokos, the Mother of Light.

Song of the Theotokos

ODE 9, Part 1

THE MAGNIFICAT

(LUKE 1:46-55)

REFRAIN:

More honorable than the cherubim And more
glorious beyond compare than the sera-
phim! Without corruption you gave birth
to God the Word. True Theotokos, we
magnify you!

My soul magnifies the Lord, and my spirit
has rejoiced in God my Savior.
For He has regarded the lowly state of
His maidservant; for behold, henceforth
all generations will call me blessed.

REFRAIN

For He who is mighty has done great things
for me, and holy is His name. And His
mercy is on those who fear Him from
generation to generation.

REFRAIN

He has shown strength with His arm; he has
scattered the proud in the imagination of
their hearts.

REFRAIN

He has put down the mighty from their
thrones, and exalted the lowly. He has
filled the hungry with good things, and
the rich He has sent away empty.

REFRAIN

He has helped His servant Israel, in remem-
brance of His mercy, as He spoke to our
fathers, to Abraham and to his seed for-
ever.

REFRAIN

THE PRAISES

PSALM 148

Praise the Lord! Praise the Lord from the
heavens; praise Him in the heights!

Praise Him, all His angels; praise Him, all His
hosts!

Praise Him, sun and moon; praise Him, all
you stars of light!

Praise Him, you heavens of heavens, and
you waters above the heavens!

Let them praise the name of the Lord, for He
commanded and they were created.

He has also established them forever and
ever; He has made a decree which shall
not pass away.

Praise the Lord from the earth, you great sea
creatures and all the depths;

Fire and hail, snow and clouds; stormy wind,
fulfilling His word;

Mountains and all hills; fruitful trees and all
cedars;

Beasts and all cattle; creeping things and
flying fowl;

Kings of the earth and all peoples; princes
and all judges of the earth;

Both young men and maidens; old men and
children.

Let them praise the name of the Lord, for His
name alone is exalted; His glory is above
the earth and heaven.

And He has exalted the horn of His people,
the praise of all His saints - of the chil-
dren of Israel, a people near to HIM.
Praise the Lord!

PSALM 149

Praise the Lord! Sing to the Lord a new song,
and His praise in the congregation of
saints.

Let Israel rejoice in their Maker; let the chil-
dren of Zion be joyful in their King.

Let them praise His name with the dance; let
them sing praises to Him with the tum-
brel and harp.

For the Lord takes pleasure in His people; He
will beautify the humble with salvation.

Let the saints be joyful in glory; let them sing
aloud on their beds.

Let the high praises of God be in their
mouth, and a two-edged sword in their
hand,

To execute vengeance on the nations, and
punishments on the peoples;

To bind their kings with chains, and their no-
bles with fetters of iron;

To execute on them the written judgment -
this honor have all His saints. Praise the
Lord!

PSALM 150

Praise the Lord! Praise God in His sanctuary;
praise Him in His mighty firmament!

Praise Him for His mighty acts; praise Him
according to His excellent greatness!

Praise Him with the sound of the trumpet;
praise Him with the lute and harp!

Praise Him with the timbrel and dance;
praise Him with stringed instruments and
flutes!

Praise Him with loud cymbals; praise Him
with high-sounding cymbals!

Let everything that has breath praise the
Lord. Praise the Lord!

AFTER THE PSALM

Glory to the Father and to the Son and to the
Holy Spirit, now and ever and unto ages
of ages. Amen.

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

Alleluia, Alleluia, Alleluia! Glory to You, O
God!

LESSER DOXOLOGY

Glory to God, Who has shown us the Light!

Glory to God in the highest, and on earth,
peace, good will toward men!

We praise You! We bless You! We worship
You!

We glorify You and give thanks to You for
Your great glory!

O Lord God, Heavenly King, God the Father
Almighty!

O Lord, the Only-Begotten Son, Jesus
Christ, and the Holy Spirit!

O Lord God, Lamb of God, Son of the Fa-
ther, Who take away the sins of the
world, have mercy on us!

You, Who take away the sins of the world,
receive our prayer!

You, Who sit on the right hand of God the
Father, have mercy on us!

For You alone are holy, and You alone are
Lord. You alone, O Lord Jesus Christ, are
most high in the glory of God the Father!
Amen!

I will give thanks to You every day and praise
Your Name forever and ever.

Lord, You have been our refuge from genera-
tion to generation!

I said, "Lord, have mercy on me. Heal my
Soul, for I have sinned against You!"

Lord, I flee to You. Teach me to do Your will,
for You are my God. For with You is the
fountain of Life, and In Your light shall we
see light. Continue Your lovingkindness
to those who know You.

Vouchsafe, O Lord, to keep us this day
without sin.

Blessed are You, O Lord, the God of our fa-
thers, and praised and glorified is Your
Name for ever. Amen.

Let Your mercy be upon us, O Lord, even as
we have set our hope on You.

Blessed are You, O Lord; teach me Your
statutes.

Blessed are You, O Master; make me to un-
derstand Your commandments.

Blessed are You, O Holy One; enlighten me
with Your precepts.

Your mercy endures for ever, O Lord! Do not
despise the works of Your hands!

To You belongs worship, to You belongs
praise, to You belongs glory: to the Fa-
ther and to the Son and to the Holy
Spirit, now and ever and unto ages of
ages. Amen.

MATINS PRAYERS

O Lord, grant that we may meet the coming day in
peace.

Help us in all things to rely upon Your holy will.

In each hour of the day, reveal Your will to us.

Bless our dealings with all who surround us.

Teach us to treat all that shall come to us throughout the day with peace of soul, and with the firm conviction that Your will governs all.

In all our deeds and words, guide our thoughts and feelings.

In unforeseen events, let us not forget that all are sent by You.

Teach us to act firmly and wisely, without embittering and embarrassing others.

Give us the strength to bear the fatigue of the coming day, with all that it shall bring.

Direct our wills.

Teach us to pray.

Pray within us. Amen.

Most holy God, we pray and beseech You, give each of us a pure heart and a way of speaking that befits the faith we profess; grant us uprightness of purpose, powers of reasoning unhindered by passions, conduct that becomes those who fear You, and perfect knowledge of Your commandments; may we enjoy health in body and in spirit.

Grant us a life of peace, genuine faith and living hope, sincere charity and bountiful generosity, patience that knows no bounds and the light of Your truth to proclaim Your goodness to us, that for ever and in all things placing our trust only in You, we may abound in every good work, and that in Christ Your gifts may increase in every soul.

For to You belong all glory, honor and majesty, Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen.

DISMISSAL

Confirm, O God, the holy Christian Faith unto ages of ages! Amen.

Most holy Theotokos, save us!
More honorable than the cherubim and more glorious beyond compare than the seraphim!
Without corruption you gave birth to God the Word. True Theotokos, we magnify you!

Glory to You, O Christ, our God and our hope, glory to You!

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Lord, have mercy!

Lord, have mercy!

Lord, have mercy!

Through the prayers of our holy fathers, O Lord Jesus Christ, our God, have mercy on us and save us. Amen.